

# Gift Giving

FOR THE UNPREPARED

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# Gift-Giving for the Unprepared

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# INTRODUCTION

Winter is here, bringing cozy evenings and frosty mornings, but it's also a great time to assess your preparedness. Before settling in for a season of comfort, consider equipping yourself and your loved ones with tools to handle unexpected situations.

Here are 12 practical and thoughtful gift ideas to promote readiness and resilience. These items are not only useful but also encourage a mindset of being prepared for life's surprises. Whether you're introducing someone to the importance of preparedness or enhancing their current toolkit, these options offer both innovation and practicality.

And why not include yourself in the list? If your household isn't quite on board with the idea of readiness, now's the perfect opportunity to lead by example. Treat yourself to something that ensures you're equipped to handle emergencies with confidence. Think of it as investing in your peace of mind and future well-being—a way to thank yourself for staying proactive.

Preparedness doesn't have to feel overwhelming—it can be empowering and even enjoyable. Use this season to share the spirit of readiness with those you care about, making it a gift that keeps on giving.

# Life Straw Water Filter



This holiday season, consider a practical gift that emphasizes safety and preparedness—LifeStraw. This ultralight water filter is perfect for outdoor enthusiasts or anyone who values being prepared. It allows users to filter water from lakes, rivers, and streams, transforming it into clean, drinkable water.

LifeStraw's reliability is backed by long-lasting effectiveness and certifications from the EPA and NSF, ensuring safe hydration in any situation, including emergencies. It's a compact, lightweight tool that can easily be carried in a backpack or emergency kit, making it a great companion for camping, hiking, or travel.

In addition to its practical uses, purchasing a LifeStraw contributes to a meaningful cause. For every filter sold, a child in need gains access to safe water for a full school year, making your gift both functional and impactful.

# The Leatherman Multi-Tool



If you're considering a practical and versatile gift this season, the Leatherman Wingman is a tool worth exploring. Designed with functionality in mind, this multi-tool is equipped to assist in a variety of situations, whether for everyday use or unexpected moments.

The lightweight design makes it easy to carry in a pocket, providing the convenience of multiple tools in one compact piece. With 14 features, including pliers, a knife, scissors, and screwdrivers, it offers a range of options for tackling different tasks.

The outside-accessible blade allows for one-handed opening, which can be particularly useful when quick access is needed. Crafted from stainless steel, it's built for durability and long-term use, while the spring-action jaws improve grip and ease of use for a range of projects.

This tool emphasizes practicality and preparedness, making it a reliable addition to anyone's daily gear. Whether for small fixes, outdoor activities, or emergency situations, it's designed to be a dependable resource.

# Coume Cooling Neck Wraps



Cooling neck wraps are a practical accessory that can provide much-needed relief during hot or stressful situations. Designed for comfort and convenience, these wraps combine functionality with thoughtful design, making them a useful tool for staying cool when the heat rises unexpectedly.

Made from a blend of cotton and polyester, the wraps are soft, breathable, and absorbent, ensuring comfort against the skin. With a generous size of 93 cm in length and 5 cm in width, they can be easily worn around the neck or head, adapting to various needs. Using them is straightforward—simply soak the wrap in cold water for about 30 minutes, and it's ready to provide a cooling effect.

Whether for emergencies, outdoor activities, or simply staying comfortable on a warm day, cooling neck wraps offer a simple yet effective way to manage heat. Their practicality and ease of use make them a thoughtful addition to anyone's toolkit.

# Ferro Rod Fire Starter



The Ferro Rod Fire Starter is a practical and reliable tool for anyone who values preparedness. Compact and easy to carry, it measures just 4 inches in length and 3/8 inch in diameter, making it a convenient addition to backpacks or survival kits.

Designed for dependability, the ferrocerium rod produces a strong shower of sparks, ensuring it can ignite a fire even in challenging conditions like wet weather. The included striker streamlines the process, making it accessible for both seasoned survivalists and beginners. Whether for warmth, cooking, or signaling in emergencies, having a reliable fire starter is a crucial safety measure.

This fire starter is more than a tool; it's a valuable resource that helps ensure readiness for unexpected situations. For those who spend time outdoors or want to enhance their emergency preparedness, it's a thoughtful and practical choice.

# EverBrite Head Lamp



Power outages caused by natural disasters or severe weather can pose significant challenges, especially when light is most needed. In such situations, the EverBrite Headlamp becomes an essential tool, offering reliable illumination to help navigate the darkness and stay safe.

This headlamp is designed with practicality in mind, featuring four lighting modes—high, medium, low, and strobe—that cater to various emergency scenarios. With a runtime of up to 10 hours on low mode and 9 hours on high mode, it ensures a dependable light source during prolonged outages. Its powerful beam reaches up to 60 meters in high mode, providing clear visibility in low-light conditions.

Durability is another standout feature. The water-resistant and shock-resistant design means the EverBrite Headlamp can handle harsh conditions, making it a reliable companion in emergencies.

Gifting a headlamp like this is more than a practical gesture—it's a way to enhance preparedness and offer peace of mind. By providing a dependable source of light, you're equipping your loved ones to face unexpected events with confidence and safety.

# Locking Carabiners



Carabiner clips are versatile tools that make staying organized and prepared much easier. Perfect for securing important items, managing emergency supplies, or keeping keys accessible, they are practical additions to everyday life and unexpected situations alike.

Lightweight yet durable, carabiners are designed to handle regular use while remaining easy to carry. Their functionality makes them ideal for keeping essentials within reach, whether for outdoor adventures, emergency preparedness, or simply staying organized at home.

By gifting carabiner clips, you're offering more than just a tool—you're providing a practical solution that enhances convenience and readiness. It's a thoughtful and functional gesture for anyone who values being prepared.

# Blavor Solar Charger



In emergencies, staying connected and informed is essential, and having a reliable power source can make all the difference. The BLAVOR Solar Charger is a versatile tool that combines solar energy harnessing with advanced features designed for challenging situations.

With its 20W fast-charging USB-C output, this charger powers devices like the iPhone 15 to 65% in just 30 minutes and can charge three devices simultaneously. This capability is especially useful during power outages or when multiple devices need charging at once. Its durable design, made from flame-retardant ABS and PC materials, is IPX5-rated for waterproofing, dustproofing, and shock resistance, ensuring it withstands harsh conditions.

Equipped with a long-lasting Lithium-cobalt battery, the charger offers 50% more cycle times than standard batteries, providing reliable power over extended periods. Additional features, such as dual bright flashlights and a compass carabiner, enhance its utility during emergencies or outdoor adventures.

The BLAVOR Solar Charger is more than a practical tool; it's a thoughtful way to help loved ones stay prepared. By providing a dependable power source, you're ensuring they can face the unexpected with confidence and peace of mind.

# Full Cowhide Work Gloves



Unexpected situations can arise when least expected, and being prepared can make a significant difference. A practical gift that equips your loved ones for emergencies is a reliable pair of Full Cowhide Work Gloves.

Made from high-quality cowhide leather, these gloves are designed for durability and protection. With a thickness of 1.2mm, they offer excellent resistance to abrasions and punctures, enabling users to handle tough tasks with confidence. Double-thread sewing adds to their sturdiness, ensuring they can withstand a variety of challenges.

The elastic wrist design ensures a snug fit, keeping dirt and debris out while allowing for quick and easy wear. Reinforced palm patches enhance grip and durability, making these gloves suitable for heavy-duty tasks and emergency situations alike.

By gifting Full Cowhide Work Gloves, you're providing a practical tool that combines comfort and resilience. It's a thoughtful way to help your loved ones feel prepared and secure when tackling unexpected challenges.

# Emergency Space Blankets



An emergency blanket is a thoughtful and practical gift that highlights care and preparedness. Designed to retain over 90% of body heat, these blankets are invaluable in critical situations where staying warm is essential. Their ability to provide immediate warmth can make all the difference during unexpected emergencies.

One of the key advantages of an emergency blanket is its portability. Weighing around 2 ounces and folding down to a compact size, it's easy to store in a backpack, glove compartment, or emergency kit, ensuring it's always on hand without adding unnecessary weight or bulk.

Crafted from durable polyethylene, these blankets are tear-resistant and waterproof, offering reliable protection against harsh conditions. Many models also include additional safety features, such as whistles for signaling and carabiners for convenient attachment to gear, enhancing their utility during emergencies.

Emergency blankets are also budget-friendly, often available in multipacks for an affordable price. For example, a pack of two can cost as little as \$13.99, making them an accessible yet meaningful gift option.

By gifting an emergency blanket, you're providing a practical tool that helps ensure safety and comfort in unforeseen situations. It's a small gesture that carries a big message of care and preparedness, helping loved ones feel secure no matter what challenges arise.

# Car Safety Hammer



The THINKWORK Car Safety Hammer is a practical and thoughtful tool designed to help loved ones stay prepared for emergencies. Compact and easy to use, it offers essential features that can make all the difference in critical situations.

One of its life-saving features is the window breaker, equipped with a heavy-duty steel tip that can quickly shatter car windows, enabling a swift escape during emergencies. The seat belt cutter, featuring a sharp stainless steel blade, ensures fast and efficient removal of seat belts when time is of the essence.

Built from high-grade carbon steel and durable ABS plastic, this safety hammer is both sturdy and lightweight, capable of enduring repeated use without sacrificing ease of handling. Its ergonomic design prioritizes comfort and minimizes the risk of accidental cuts, while the securely mounted blade adds an extra layer of safety.

For convenience, the hammer includes an adjustable strap, allowing it to be attached to locations like sun visors or glove compartments for quick access. Its compact size ensures it won't take up much space, and the light guide plate enhances visibility in low-light conditions, making it easy to locate during emergencies.

Providing the THINKWORK Car Safety Hammer as a gift is more than a practical gesture—it's a way to ensure your loved ones are prepared for the unexpected. With this tool on hand, they can face unforeseen challenges with greater confidence and safety.

# Emergency Fire Blanket



The Prepared Hero Emergency Fire Blanket is a practical and thoughtful gift that prioritizes safety and preparedness. Designed for simplicity, it's accessible to people of all ages, from children to seniors. In the event of a small fire, users can quickly pull the tabs to open the blanket and smother the flames, making it a straightforward and effective tool for emergencies.

One of its key advantages is that it requires no maintenance, recharging, or replacement—it's always ready for use and never expires. This reliability ensures peace of mind, knowing it's on hand whenever needed.

The fire blanket is versatile, capable of handling small fires caused by oil, grease, wood, or electrical sources. Its dependable design can provide a vital layer of protection during unexpected situations, making it an invaluable addition to any home or workspace.

Gifting a fire blanket is a meaningful way to show care and encourage readiness. It's more than just a practical item—it's a gesture that emphasizes safety and well-being, ensuring your loved ones are prepared for life's unforeseen challenges.

# DAIKA Jar Sealer



In an unpredictable world, being prepared for emergencies is essential, and the DAIKA Jar Sealer and Accessory Hose Kit offers a practical solution for preserving food. This tool allows users to vacuum seal food in Mason-type jars, an invaluable feature when access to fresh food may be limited. By sealing fruits, vegetables, meats, and leftovers, it helps extend shelf life, ensuring a stock of nutritious food during emergencies.

Compact and lightweight, the DAIKA Jar Sealer fits easily into kitchens or emergency kits, making it both portable and convenient. Its manual operation eliminates the need for electricity or complex machinery, allowing users to create a secure vacuum seal with just a simple pump.

This device not only helps preserve food but also reduces waste, ensuring a steady supply of healthy options during challenging times. Maintaining a nutritious diet in emergencies can be difficult, but the DAIKA Jar Sealer provides a way to store essential foods efficiently and safely.

Gifting the DAIKA Jar Sealer is a thoughtful way to support your loved ones' safety and preparedness. With its user-friendly design and critical functionality, it's an essential tool for anyone looking to be ready for life's uncertainties.

# Give the Gift of Year-Long Preparedness!



You can also give the gift of preparedness all year long when you give the [2025 Preparedness Pantry Calendar](#). Each month has tips and suggestions to help you and your loved one build their preparedness supplies. Also included are skill-building tips, important preparedness dates, and so much more!

When you have the 2025 Preparedness Pantry Calendar you'll have easy to take action steps that guide you so you know what to do. Even better, you don't need to be scared or overwhelmed about how to prepare because you're doing it one step at a time!

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# About the Author



Mira Dessy is The Ingredient Guru. A holistic nutrition professional, author, and a popular public speaker, she knows that it's not just what you eat, but what's in what you eat. Dessy is a Board Certified Holistic Health Practitioner whose mission is to educate and empower consumers.

She is a member of the National Association of Nutrition Professionals, the Society for Nutrition Education and Behavior, and the American Association of Drugless Practitioners. Additionally she is on the Board of Directors for the American Holistic Health Association

To take your culinary adventures to the next level, you're invited to join [The Kitchen Table](#), a private membership community where you'll gain access to exclusive recipes plus a treasure trove of benefits including special programs, free eBooks, and live monthly calls with me, The Ingredient Guru. Sign up today to unlock all these perks and more. Let's cook up some magic together!

More books by this author:

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- [Beyond Meditation: Making Mindfulness Accessible for Everyone](#)
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